



## College Study Tours



# Environment & Culture in Costa Rica

LED BY ANNETTE FIELDS  
UNIVERSITY OF ARKANSAS PINE BLUFF

There's nothing quite like the rainforests of the "Rich Coast" to get the adrenaline pumping. At its heart, the Central American country boasts an epic landscape that is home to nearly 5 percent of the world's biodiversity. Discover how fragile these endangered ecosystems are as you travel through different rainforest preserves and unearth dazzling displays of color and sound. Breakfast, lunch and dinner is included each day.

CITIES VISITED: SAN JOSÉ, ARENAL REGION, LOS CHILES, MONTEVERDE, CENTRAL PACIFIC COAST, SARCHI

PROGRAM NUMBER: 5017517      LENGTH: 9 DAY PROGRAM

JUN 17	JUN 20	JUN 28
Earliest departure	Requested departure	Requested return

ENROLL ONLINE: [EFCST.COM/5017517](http://EFCST.COM/5017517)

# 9-DAY ITINERARY

## Day 1: Fly overnight to Costa Rica

- Meet your Tour Director at the airport
- Enjoy dinner in San José

## Day 2: San José | Arenal region

- Take a walking tour of San José
- Visit Poás Volcano
- Travel to the Arenal region
- Visit the Arenal hot springs
- Enjoy breakfast, lunch and dinner

## Day 3: Arenal region | Los Chiles

- Take a day trip to Los Chiles
- Take a boat tour of Caño Negro Wildlife Refuge
- Enjoy breakfast, lunch and dinner

## Day 4: Arenal region | Monteverde

- Visit La Fortuna Waterfall
- Travel to Monteverde
- Enjoy breakfast, lunch and dinner

## Day 5: Monteverde

- Visit the Santa Elena Cloud Forest Reserve
- Plant a tree in the EF Reserve
- Experience a canopy adventure
- Enjoy breakfast, lunch and dinner

## Day 6: Monteverde | Central Pacific Coast

- Travel to the Central Pacific Coast
- Visit Rainforest Adventures
- Enjoy breakfast, lunch and dinner

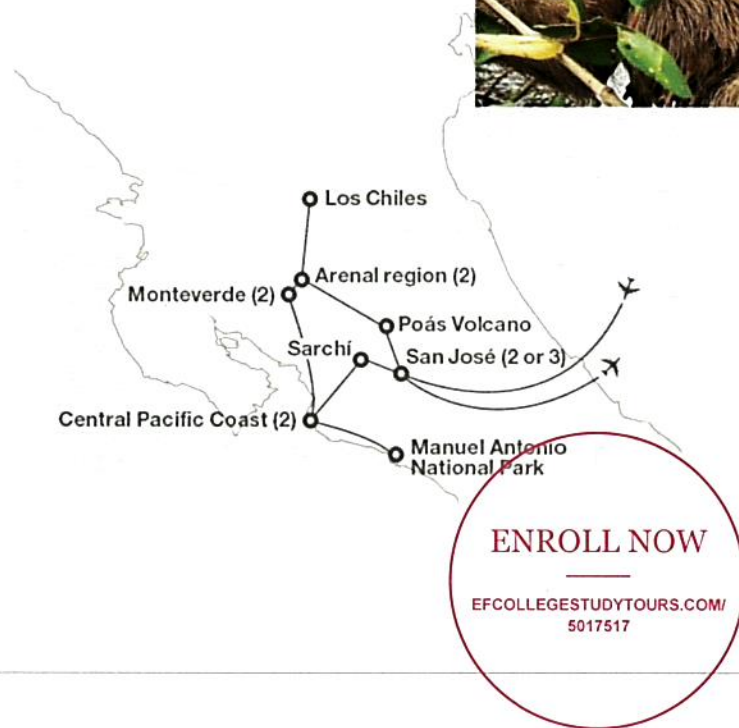
## Day 7: Central Pacific Coast

- Visit Manuel Antonio National Park
- Enjoy a crocodile river tour
- Enjoy breakfast, lunch and dinner

## Day 8: Central Pacific Coast | Sarchí | San José

- Travel via Sarchi to San José
- Visit a coffee plantation
- Enjoy breakfast, lunch and dinner

## Day 9: Depart for home



### WHAT'S INCLUDED

- Round-trip airfare
- Accommodations
- Transportation
- End-to-end support
- Expert local guides
- Full-time Tour Director
- Guided sightseeing
- Entrances
- Regional-style meals

### REQUESTED DEPARTURE DATE — SUBJECT TO CHANGE:

JUN 17	JUN 20	JUN 28	DEPARTURE CITY: LITTLE ROCK - LIT	ENROLL BY PHONE: 877-485-4184
Earliest departure	Requested departure	Requested return	PROGRAM NUMBER: 5017517	ENROLL ONLINE: EFCST.COM/5017517

\*PROGRAM PRICE VALID FOR TODAY. DOUBLE ROOMING IS REQUIRED FOR TRAVELERS AGE 30 AND OLDER AT THE TIME OF TRAVEL. CHANGE AND CANCELLATION FEES OF UP TO THE TOTAL PRICE WILL APPLY. APPLICABLE AIRLINE BAGGAGE FEES ARE NOT INCLUDED AND CAN BE FOUND AT EFCOLLEGESTUDYTOURS.COM/BAGGAGE. ALL PRICES SUBJECT TO VERIFICATION BY EF PROGRAM COORDINATOR. TO VIEW EF'S BOOKING CONDITIONS VISIT EFCOLLEGESTUDYTOURS.COM/BC.